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**CHRISTIAN COLLEGE KATTAKADA**  
AFFILIATED TO THE UNIVERSITY OF KERALA  
Thiruvananthapuram, Kerala 695572

# **EXTENSION ACTIVITIES**

**DURING THE LAST FIVE YEARS**

**CRITERION 3. 4. 1.**



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## **WHAT'S INSIDE?**

Documents on:



Reports of 68 Extension Activities  
Photographs

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### 1. Any time blood anywhere in kattakada. Blood donars directory 2015

Blood donation is the greatest and noblest step in the service of humanity. NSS unit of our college has organized a blood donation camp on 14-09-2015. A team of 10 doctors and nurses of Sree Chithra hospital came for the collection of blood. A fraternity for blood donation, 'Anytime blood, anywhere in Kattakada'. A blood donation directory was prepared and copies were given to nearby hospitals. About 103 persons donate blood. Students were enthusiastic for donating blood. A certificate of appreciation refreshment was given to each donor as a token of gratitude.

### 2. Half marathon - 2015

As fund raising programme, we conducted a half marathon from ottasekharamangalam to Trivandrum on 6 may 2015 inaugurated by D.Y.S.P. Sri Jayakumar



### 3. Organ Donation Campaign

Organ donation campaign in association with Mritasanjeevani, Govt of Kerala. Program was inaugurated by Sri Sreevalsan head of the Department, statistics .Classes taken by SmtAthira ,from Mritasanjeevani, Govt of Kerala



#### **4. Orphanage visit and distribution of food packets - 2015**

A visit to an orphanage is a life changing experience as it is filled with emotions and sentiments. The NSS unit of our college organized a visit to Providence Home at Killy under the leadership of Mr.Hari V.G, Department of Statistics. Almost all the students participated in the visit and spend a full day with the children. Also, the students helped them in doing various works that they are doing there. After that, student volunteers distributed sweets to the inmates. The students interacted with the children and also engaged them with various games and fun activities. On this occasion, faculty members handed over the envelope of money to the caretaker as a token of love which was collected by the student volunteers from the students and staff of the college. It was a great experience and understood one's social responsibility towards society.



#### **5. Palliative care talk by Rev. Justin jose - 2015**

A seminar was conducted on palliative care which was led by Rev.C.P.Justin Jose, Secretary, Palliative care unit, CSI South Kerala Diocese for the students on the International day of Aged. Palliative care is the branch of modern medicine which took care of patients suffering from chronic diseases like cancer, AIDS etc. The students of our college visited various Palliative care units and it was a life changing and heart touching experience. They spend time with patients and studied how to care them. Presence of students and their activities were a great relief for the members. The students were enthusiastic in carrying out activities like distribution of medicine, food, clothing etc. It was a great opportunity for the students to instill them with a spirit of sacrifice, compassion for the poor and utmost humanity in service.



### 6. Plastic free Campaign in Thottampara ward - 2015

All the volunteers of NSS jointly decided to remove all the plastic wastes from the College campus and from the Thottampara ward. We visited the people of this vicinity and gave urge them to the importance of the removal of plastic from this planet. Volunteers take an oath against the usage of plastic. Our Vice Principal Prof. L.S. Paul Raj inaugurated the function and this programme was a great boon to the students. The collected plastic wastes were removed with the initiative of Panchayat member Mr. Dinesan. He cooperated with us throughout the programme.



### 7. Blood donation camp - 2015

A number of volunteers participated in this programme. Blood donation camp was set up and 96 students voluntarily donate their blood in kattakada panchayath.



### 8. Fun learning for successful life - 2015

The History Department was conducted an extension activity on 12-09-2015 at C.S.I.Chamavila,Kattakada district. The programme started with the prayer of Rev.Aneesh. This programme was inaugurated by Rev.Aneesh, presbyter of C.S.I.Chamavila. Smt.Shalini.S.V. welcomed all guests. The topic of the programme was“ **Fun Learning for Successful Life**”. The programme was attended by about hundreds of gatherings including the parents and the children of the locality. The classes was conducted by Smt.Shalini.S.V, Faculty member, History department and Shri.Noble Miller, Programme co-ordinator, Career guidance cell, South Kerala Diocese etc. The class was more effective with the help of Projector.



### 9. Home for homeless - 2015

The Principal of our College prof. prasanna K. Mathew handed over the key of newly constructed home to Smt'Omana, a poor widow, residing with her daughter and her age old

mother. The programme was presided over by the NSS officer Dr.Rev.T.B. Premjith Kumar. Many people helped us for this project.

we have taken maximum effort to fulfil the house construction a great success. More than 100 volunteers actively participated in this venture. Volunteers learned the lesson of the dignity of manual labours and the strength of unity. We visited the Thottampara ward on 17<sup>th</sup> December 2015 and 18<sup>th</sup> December 2015 and prepared fifty rain water pits in the premises of the people those who willingly permitted to make it. All the.volunteers actively participated in this venture and it was a grand success.



#### **10. 'Health Awareness camp - 2015**

Adolescents constitute an important section of society and of being the parents of the future generation. In view of this, Dr.Rakhi has given a talk on the topic 'Health Protection' dated 18/12/2015 in the Thottampara village. The talk targeted the adolescent girls of that village. It is important to give them proper health information regarding the importance of personal hygiene as adolescence is a period of rapid physical growth. The resource person Dr.Rakhi gave a detailed presentation about personal health and hygiene, good nutrition and dietary practices, healthy life style and mental health. They were encouraged to develop a good personal health and hygiene to prevent diseases, build up health reserves and maintain a fit and decent appearance. There was an interacting session in which girls clarified their doubts. In the concluding part, everyone viewed the programme as very informative and useful.

#### **11. Drainage cleaning - 2015**

The drainage cleaning programme was a great success, as all of our volunteers actively participated. This programme was conducted on 19\* October 2015 Monday and it was inaugurated by Dr. M.S. Babu Raj, former Programme Officer, Christian College, Kattakada.



## 12. Traffic awareness - 2016

The programme was started with the prayer of Rev.Dr.T.B.Premjith Kumar and the session was inaugurated by Dr. N.S. Vincent Joy, HOD of Political Science. The faculty member Dr.shalini.S.V also participated in this programme. The student of our college stick on placards mentioned the importance of traffic rules and they congratulate those who abide traffic rules. Sometimes they aided the passengers to cross the road. The third year History students took leadership this programme.



## 13. Lunch packet distribution for sreekarunya mission - 2016

Distributed 100 lunch packets by Department of Mathematics which were collected from the students to the members of SreeKarunya Mission for Mentally Challenged Children, Neyyattinkara.

#### **14. Old Age Home Visit - 2016**

We conduct regular visit to orphanage and the collected money and cloths from volunteers and distribute it to the orphanage. This just makes our heart more pure. We had visited Ashabhava, Kattakada and Ashraya, a mentally retarded rehabilitation centre. Lastly we visited the orphanage and distributed food packets collected from the students. Twice in a month we distribute food packets to the Ashraya. The Programme Officers Dr.Premjith Kumar, Smt. K. Prathibha and volunteer leaders giving leadership for this project.

#### **15. National youth day rally - 2016**

National Youth Day is celebrated on 12<sup>th</sup> January being the birthday of Swami Vivekananda. His philosophy and ideals is a great source of inspiration for the youth. NCC Unit of our college organized National Youth Day Rally. The theme was 'Indian youth for development, Skill and Harmony'. Principal of our college inaugurated the programme and in the introductory section, he stated the purpose of organizing such a rally and he mentioned how youths are playing a key role in the development of society and the nation. Then, a rally was held. In the concluding session, an oath taking ceremony was organized for the NCC volunteers and students. The oath motivated the youth to think positively and move ahead strategically for the development of country.

#### **16. Street play - 2016**

A drama fest organised by our volunteers on 5th July 2016 to impart the message on the importance of Blood Donation.. It was very awesome, as they made a visual treat on the stage, and delivered on amazing show section. On that day evening the members of the Blood Donation Forum performed a Flash Mob and performed a skit on the importance of Blood Donation in front of Bus Stand, Kattakada. RRC volunteers supervised the function.





### **17. Mukkola old age home visit - 2016**

On August 17, 2016, an orphanage-hospital visit-cum tour programme was conducted for the volunteers. Selected 60 volunteers were visited Mukkola Old-age home and had breakfast with them. On the way we visited the Govt. General Ward's 8<sup>th</sup> Block.

### **18. Pond cleaning - Kanalaruvikulam pond - 2016**

A pond cleaning programme was conducted in Kanalaruvikkulam November 2016, Friday. Our volunteers worked hard for making it President Mr. VembannurSasidharan inaugurated the function.



### **19. Cleaning programme: Bus station, Police station premises and Hospital - 2016**

NSS volunteers gathered together to clean public places of Kattakada including Bus Stand, Police Station, Hospital etc. to curtail mosquito growth and also to impart the message that AIDS/HIV transmission is not taking place by mosquito biting on 6th December 2016. With one soul, all our volunteers together stood for the cleaning purpose of Kattakada town by moving the waste and eliminating the plastic. This was some innovative programme that our unit had taken and we hope that we can fulfill our dream within the stipulated time.



## **20. Vegetable garden was prepared and grow bags to Thottampara ward - 2016**

All the volunteers joined together to visit Thottampara area and takes details on the families and members of the Thottambra Ward which adopted as the main area for the social work. The volunteers of ten teams with their leaders visited the families and imparted the importance of making vegetable garden in their own premises and the necessity of rain water harvesting in their own property. We make three gardens in the open terraces of two persons and 22 other vegetable gardens as "Adukkalathottams" in the premises of local people in and around the Tottampara ward. We distributed 500 grow bags filled with vermin compost and soil and planted vegetable plants and distributed to the houses where no enough space for special farms for cultivation. We arranged these grow bags in their courtyard and gave instructions to keep and nourish it carefully. The volunteers did this work very sincerely. This yeomen service rendered by the volunteers in the Thottambra ward helped to create good opinion from the public to the college and the NSS as a whole.

## **21. Removal of Plastic from Thottampara - 2016**

All the volunteers of NSS jointly decided to remove all the plastic wastes from the College campus and from the Thottamparu ward. We visited the people of this vicinity and gave awareness to the importance of the removal of plastic from this planet. Volunteers take an oath against the usage of plastic. Volunteers visited all classes and gave awareness to all the students about the havoc of plastic. The collected plastic wastes were removed with the initiative of Panchayat member Mr. Dinesan. He cooperated with us throughout the programme. This was done as a part of National Youth Day Celebration. A rally was also conducted to impart the havoc of plastic to the public. All the students and staff of the college attended it.



## **22. 1000 Book Donation-Swadeshabhimani Grandhasala - 2016**

Library is very useful to cultivate reading habits and provide access to quality reading material. So, students of our college decided to donate books to Swadsheshabhimani Library in Thottampara village. College students and faculty members contributed to the venture. Thus, on 20/12/2016, the college students handed over 1000 books for the library. The books include educational books, story books, novels, informative books, Encyclopedia, dictionaries, journals, magazines etc. The program was a great success and the Librarian of Swadheshabhimani library expressed their gratitude to us.

## **23. Sandhwanam Project-Treatment of poor**

We started sandwanam project for helping the patients who are in need of money for treatment and we successfully doing it and we had already gave it to 18 people and the programme was inaugurated by Dr.Shaji E.S, RMO, Govt. Hospital Parassala and Dr' P.S. Raji, Anesthetist, Thycaud Hospital, Thiruvaanthapuram on 21th November 2016'.

## **24. Book donation - 2017**

we conducted another flood relief program "Book donation". Volunteers collected 4000 notebooks, pens and pencils from the campus and distributed to the students of Pandandu, flood affected area at Pathanamthitta district. We visited the place by the support of local and panchayath member. They informed the students and assemble at the house of ward member .This programe was inaugurated by Sathi Kumar, Panchayath president. After that we visited some nearby school and distributed some study materials.





### **25. Soap Making Training Programme - 2017**

The use of soap or soap like cleaning agent has always been associated with man's inherent instinct to keep his body and other belongings clean. Also, soap making is an income generating activity that can help youth to make money for daily needs. So, considering these ideas into account, NSS unit of our college has organized one day training programme in making of soap. It was a great opportunity for villagers to start a self employment venture with a small investment.

### **26. A jack for a house - 2017**

The volunteers visited all the houses of the adopted village of the Thottampara and listed the house doesn't have a jack fruit tree and planted a grafted jack fruit tree at every house. This programme was inaugurated by college principal Sri. L.S. Paulraj and ward member A.K.Dinesh planted a jackfruit tree at the adopted village. This programme made great awareness about the importance of jackfruit tree and the importance of environment.



**27. Blood donation camp - 2017**



**28. Mushroom cultivation training program - 2017**

A training program on Mushroom Cultivation was conducted for the local people of Poovachal Panchayat on 16.11.2017.

**29. 'Ramacham' plant Donation - 2017**

Ramacham Festival: On 29.8.2017 Ramacham a medicinal plant is distributed to all the students and teachers of Govt. LPS Thottampara.

**30. How to use waste cloth - 2017**

Arrangements were made for a Special training Programme for the volunteers for making mats and other decorative from useless clothes. The volunteers studied enthusiastically the re-usage and recycle of used and waste materials dumping from our day to day life. 196 Volunteers and some other teachers participated actively and studied for making such materials from the wastes. College manager Dr. Bennett Abraham inaugurated the function. Principal of the College chaired the meeting. Miss. Sreelatha and Miss. Lalla gave training to the participants. They are the authorized instructors of Suchitwa Mission Programme, Kerala State.

**31. Helping the juniors by seniors - book distribution**

On 25.8.2017 senior students collected text books, guides etc and distributed to the economically backward students.

**32. Flash Mob and Rally-Students of P.R. William School - 2017**

A flash mob and rally was jointly organised on 25.9.2017 to aware the public about blood donation with the students of P.R. William H.S.S Kattakada, G.H.S.S. Kulathummal and Govt. H.S.S. Neyyardam.

**33. Class room Library-Govt. LPS Thottampara - 2017**

Books were collected from the students to set up a class room library in the Govt. L.P.S. Thottampara on November 1st 2017.

**34. Awareness programme on life style diseases - 2017**

Awareness programme on life style diseases was conducted on 17.12.2017 and 18.12.2017

**35. Kollodu canal cleaning – jalasamrithi - 2017**

Participated in the Kollodu Canal cleaning program ‘Jalasamardhi’ organised in Kattakada constituency. District Collector Dr. Vasuki, I.A.S., District Collector, Trivandrum inaugurated the program.

**36. Health awareness class and socio economic survey in Thottamapara ward - 2017**

A health awareness class and Socio economic survey was organised in Thottampara ward from 18.12.2017 to 20.12.2017.

**37. Killy canal cleaning - 2018**

Killy canal was cleaned on 19.12.2018 and 20.12.2018 by a group of 83 N.S.S volunteers.

### 38. Blood donation camp - 2018

Origin Participated in Blood donation camp in Regional Cancer Centre associated by Moto Marshals and various clubs



### 39. Chemia - quiz competition for school children - 2018

Dr. Salahuddin Kunju, Former Principal of University College, TVPM inaugurated the quiz competition. Chemia' 18 quiz competition was conducted for the school students on the same day, sixteen teams were participated.



### 40. Blood check up camp - 2018

On 4-07-2018, an awareness programme was conducted on the topic 'Women Health and Life Management' and a blood checkup was organized in association with Malabar Gold and Diamonds in front of the college to the public. The programme was organized by the Department of Chemistry in which Prof.L.S.Paul Raj lit the lamp and inaugurated the session. Assistant Professor Ms. Shiji was the resource person and Dr.ElizabethCheran.P, Field Surgeon and chief Medical Officer, Trivandrum made a detailed presentation on Women Health and Life Management. Around 132 persons participated and underwent a routine blood checkup. Participants commented the programme as very fruitful and informative.

#### **41. Road safety awareness programme - 2018**

Kerala Motor Vehicle Department conducted a road safety awareness programme for the public and Principal inaugurated the programme. About 145 respondents gathered in the seminar hall to attend the programme. There is a need for creating awareness on road safety among students. In the introductory session, the students were taught about the road safety rules. Then they were taught to recognize the road signs and the importance of proper traffic behavior like using sidewalks, stop, look and cross etc. The resource person presented various charts and models to convey the traffic rules and how the young college going students vulnerable while driving two wheelers. The programme was a great success and raised a critical consciousness among the young minds.

#### **42. Food packet distribution - 2018**

On 12/01/2018, our college union distributed food packets in Govt. Medical College, Trivandrum. Almost all students of the college bought food packets from their home. Teaching and non-teaching staffs also made their contribution to the programme. The collected food packets were distributed among patients and bystanders in the hospital. It was a great relief to the people. Students collected 15000/- and given to Neena J. Nelson, a kidney failure patient. This noble ideas of the young minds are noteworthy and they showed their social responsibilities towards the society. Such programmes helped to inculcate moral values among the youth.

#### **43. Any time blood anywhere in Kattakada - 2018**

‘Any time blood anywhere in Kattakada’- A blood donor's directory was prepared and copies were gives to nearby hospitals. we conducted a blood group identification camp. Three Hundred Twenty Two new students attended and identified their blood group. After including old blood donors list along with new volunteers and prepared a Blood Donors Directory and we distributed the copies of the same to all the hospitals in Kattakada area. This directory was published by Dr. Shibu Raj, Medical College, Karakonam.

#### **44. Plastic pollution and protection for environment - 2018**

An awareness program for the public was organised for the general public on the topic ‘Plastic Pollution and protection of Environment’ by the Department of History.



#### 45. 'Identify the Cyber World' - 2018

History Department conduct an Extension Activity on 18-07-2018 at CSI Thathiyoor on the topic of 'Identify the Cyber World'. The programme was inaugurated by Rev.Sibin,Churchpresbyter.Dr.Shalini.S.V,programme co-ordinator,welcomed the guest and the audience. Shri.Joshy,Cyber Department engaged the class. He authentically talk about the cyber world and the cyber crimes to the audience.The class was really benefitted the audience. Around100 participants attended the class.



#### 46. Rasathranthram veettilekku - 2018

The Department of Chemistry organised a program named 'RasathanthramVeettilekku' for the Kudumbasree members of Thottampara ward on 15.3.2018. Ms Shiji E. Assistant Professor in the Department of Chemistry was the resource person.

#### 47. Self defence programme for women - 2018

A Self Defence Training Programme was conducted for girl students on 9/03/2018 by the Police station, Kattakada, Trivandrum. The main objective of the programme was to educate the girl students about the different types of violations against them. Also, to provide knowledge about the different tips of self protection to keep in mind in different situations. The Programme started with the inaugural speech by Sub Inspector Ajay Kumar. He

highlighted why such programmes are required to sensitize our girl child to self protect in public places as well as at home. After the inaugural session, demonstration of self defence technique was followed under the command of Ms.Geetha Rani. Some of the tips presented were, ‘Prevention is the best self-defence’, ‘Get loud and push back’ etc. The programme was very useful as the students were able o understand different kinds of self protection tips and also there was a chance to see the live demo of the self-defence techniques.



#### 48. Energy conservation in Kottoor forest area - 2018

The Department of Physics organized a programme on ‘Energy Conservation’ for the tribal people of Chonampara, Kithodu in kottor forestry area. The programme was organized in association with Energy Management Center, Government of Kerala on 24/03/2018.

Dr. Shaiju G J was the resource person and handled classes about how to reduce power consumption. LED bulbs were distributed to the participants on the same day. Faculty members and students of Department of Physics also participated in the programme. It was a great experience for both the people in Chonampara and the students of our college. The people were very happy and content with our present. They also shared their gratitude towards us for the visit.



#### 49. Flood Relief Program - 2019

On 17<sup>th</sup> August we conducted a flood relief program; the volunteers visited the house of our adopted village and nearby shops to collect the needed materials like soaps, toothpaste, candle etc. All the teachers and staffs gave maximum support to this program. At the evening the volunteers sorted the collected materials and packed well separately. The materials were handover to the collection centre, Cotton Hill school, Vazhuthacaud. Everyday our volunteers took duties on the collection centre overnight. This program makes

more social commitments in volunteers.



#### **50. Massive Cleaning - 2019**

Campus was cleaned jointly with the students of 1(K) Girls Bn and the regular students of the college in connection with Swachh Bharat Abhiyan. An essay writing competition was organised in connection with Swachh Bharat Abhiyan collected the plastic materials from the campus and handover it to the recycling unit at Pattakulam.



#### **51. Distribution of Food - raw materials-Flood relief - 2019**

A flood relief programme was organized on by the NCC unit of our college in order to aid the victims of the flood affected areas. Everyone come forward to make generous contributions. The donations made were in the form of clothes, food products and other basic requirements. Collected materials were well packed by the volunteers in the camp sites and helped for distribution. The volunteers also helped the victims to be shifted to the relief camps. The programme was a great opportunity for the students to show their social responsibility towards society.

#### **52. Transgender Awareness program - 2019**

It was conducted by Social Justice Department, Government of Kerala in association with

Central Library 12/03/2019.



53. Swachtabharat - 2019



#### 54. Biodiversity park - Kukkirippara project - 2019

A project was proposed by the Biodiversity Board of State Government of Kerala for the setting up of a Biodiversity park in the 3 acre land of crematorium site at Kukkurippara near Maranallor. Government has assigned Department of Botany and Zoology of CCK, to conduct a biodiversity study on flora and fauna of the proposed site. JNTBGRI also included in this project. The program was inaugurated by Adv. I.B. Satheesh, MLA on 6.12.2019. Review sessions were conducted in the Christian College Kattakada and analyzed the progress.



#### 55. materials for flood relief camp - 2019

On 19<sup>th</sup> August we donated a sack of rice and 25 coconuts to the flood relief camp at Govt. V.H.S.S. Veeranakavu. Volunteers collected these materials from their friends and relatives. On 20<sup>th</sup> August we gave breakfast for all the 32 members at the camp Puravimala. This programme was conducted by the support of our alumni volunteers.



**56. Blood donation camp by Sree Chithra Thirunal Institute for Medical Sciences and Technology - 2019**

On 24<sup>th</sup> October we celebrated N.S.S. Day by organizing a blood donation camp in association with Sree Chithra medical institute, Medical College Thiruvananthapuram. For the campaign we conducted a drawing competition on the topic “Blood and Life”. Jisha M J (1<sup>st</sup> BSc Maths) got the first place. The programme was inaugurated by L.S. Paulraj, Principal Christian College, Kattakada.



**57. Helping the marginalised - 2019**

Dress materials were collected by the students and handed over to the people of Wayanad district on 18.12.2019

**58. Gender equity and awareness program - 2019**

Gender equity and awareness program was conducted by the Central Library on 10.12.2019. Mr. Anil and Seema from Dept. of Social Welfare, Govt. of Kerala were the resource persons

**59. Art and Craft Course for the public - 2019**

We conducted an “Art and Craft” course for the unemployed women of our adopted village

in association with Govt. Polytechnic, Mancha Nedumangadu. The registration was conducted on 24<sup>th</sup> November. From the 75 applications 40 were selected on the basis of their economic background and interest. The training program was inaugurated by college principal, Sri. L.S. Paulraj. On 27<sup>th</sup> November Mrs. Anjana, Assistant Professor, Govt. Polytechnic Nedumangadu, gave an idea about the training. The candidates were grouped into two, each group had 20 members. They were trained to make soap, bags, paperbags, glasspainting candle making, fiber painting, flower and doll making etc. upto 21 days. On 17<sup>th</sup> December the certificates were distributed by Ms. Shiji E, Program coordinator N.S.S unit 21B, Christian College, Kattakada.



#### 60. Millennium stars alumni - 2019

Alumni meeting of 1999-2001, 'Millenium Stars' (Last pre degree batch) was conducted on 21.12.2019-. An amount of 40,000/- was collected and given to a Kidney failure patient.

#### 61. Material collection for flood relief centre - 2019

The Gandhian Studies Unit has collected the materials needed for the flood relief camp and handed it over to them on 25.9.2019.





## 62. Gender Awareness programme - 2019



## 63. Removal of plastic waste from thottampara village - 2019

An awareness programme was organized by the NSS unit of the college on .Students visit Thottampara village and gave awareness about the ill effects of the use of plastics and urged them to make it a plastic free ward. The programme started with the introduction of volunteers and organizing team followed by presentation about the plastics and its impact upon the human health and environment. The people participated in the programme were amazed to know about the ill effects of plastics and how it affects our body causing obesity, heart disease, cancer, genetic abnormalities etc. The people appreciated the whole team for their effort on conducting such a fruitful programme.

## 64. Drug Abuse: Prevention of the use of drugs in Colleges/ Universities by history



A Sensitization / Orientation Programme on ‘Drug Abuse: Prevention of the use of drugs in Colleges/ Universities’ was organized by the Department of History on 13-01-2020, in association with RRTC South Zone-II, Changanacherry (CHASS) sponsored by

NCDAP/NAPDDR ; National Institute of Social Defence (NISD), Ministry of Social Justice Empowerment, Government of India. Father. Thomas kulathungal was the resource person of the seminar. Sister Selma was the document officer of the programme.

**65. Sensitization / orientation Programme on Drug Abuse Prevention - 2020**

We have organised an extension activity on the topic,“Sensitization / orientation Programme on Drug Abuse Prevention” on 13-01-2020 in the college seminar hall. The programme was started with the prayer of Rev.Dr.T.B.Premjithkumar, Assistant Professor of History. The programme was inaugurated by Prof.L.S.Paulraj,Principal, Christian College,Kattakada. The programme was sponsored by RRTC South Zone-II, Changanacherry (CHASS) sponsored by NCDAP/NAPDDR ; National Institute of Social Defence (NISD), Ministry of Social Justice Empowerment, Government of India. Rev.Dr.T.B.Premjithkumar welcomed the guests. Father.Thomaskulathungal was the resource person of the seminar. Sister Selma was the document officer of the programme. The seminar was very useful and informative to the students. About hundreds of students participated in this programme.

**66. Awareness program on Cancer - 2020**

An awareness program on Cancer- causes and effects was conducted on 20.2.2020. Mr. Sreekumar, Junior Health Inspector of Veernakavu Health centre was the resource person

**67. Awareness program on Corona Virus - 2020**

An awareness program on Corona Virus was organised by the Health Department, Govt. of Kerala. Mr. Sreekumar, Junior Health Inspector, Health Centre, Veeranakavu, was the resource person.



### 68. Sanitizer distributed in the Corona Virus affected area - 2020

The present scenario created a huge scarcity of sanitizers which made a panic situation among the people. It is really hard if it is not available in a place where people meet. In order to overcome the situation, Chemistry Department of our college decided to prepare hand sanitizer on 20/03/2020 under the guidance of Dr.L.S.Afinisha Deepam, Department of Chemistry. So, essential commodities needed for the preparation of hand sanitizer were purchased. It includes isopropyl alcohol, aloe vera Gel, glycerine etc. The prepared sanitizers were distributed among the nearby Taxi drivers, shops and markets. The programme was a great success.

